

# Early Childhood Care and Education Conference



## "Healthy Minds, Healthy Bodies"



October 19 & 20, 2012  
Umpqua Community College

- Up to 8 continuing education hours for child care providers and early childhood educators
- Education and networking for Early Childhood Educators, Childcare Providers, Parent Educators, Elementary School Staff, Parents, Grandparents and Community Members
- Exhibitor/Vendor Tables & Door Prizes

**Friday, October 19**  
**5:30 - 8:00 PM**  
**FREE ~ Public Invited**  
**Wine & Cheese Reception**  
**with Speaker**  
**Lang Event Center, UCC**



### **ERIC PAKULAK, Ph.D.**

- Changing Brains
- Effects of Chronic Stress on Brain Development
- First and Second Language Development

**Saturday, October 20**  
**7:45 AM - 4:00 PM**  
**Speaker & Breakouts**  
**Lang Event Center, UCC**

### **PATTY KIMBRELL, M.Ed.**

- "I Am Moving, I Am Learning - Developing Healthy Bodies"
- Moving and Learning with School Readiness Skills



**\$49 through 10/5/12\*\***

**\$55 after 10/5/12**

15% discount for groups registering 3 or more.

\*\* There are several scholarships provided through funds from Ford Family Foundation, Betty Gray ECE Scholarship, and UCC Student Association. See attached information for details and criteria.

Fee includes: Friday evening speaker and all day Saturday. Continental breakfast & lunch provided Saturday.

### **Event Sponsors:**

ASUCC

The Ford Family Foundation

Douglas EI/ECSE Advisory Council

Mercy Foundation - Tree of Hope Fund

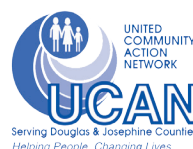
### **Contributing Organizations:**



Douglas County  
Early Childhood  
Planning Coalition



Douglas  
Education Service District



**For more information or to register go to**  
**[www.regonline.com/ECcare2012](http://www.regonline.com/ECcare2012) or call 541-440-4601**

UCC is an equal opportunity educator and employer.

# Early Childhood Care and Education Conference Program\*

October 19 & 20, 2012

## Friday, October 19, 2012 ~

5:30 pm - UCC Lang Event Center - Reception with Keynote. Wine available for purchase.

Eric Pakulak Ph.D., University of Oregon Brain Lab *"Changing Brains"* - Join Eric as he shares recent research involving a family-based training program for preschool children at-risk for school failure. Eric will present the research that guided the development of the program and results from the study. Children showed improvement in brain functions for attention, cognition and behavior, and parents showed improved parenting behaviors and reduced stress. **Pick-up CEU certificates for this presentation directly following this session.**

## Saturday, October 20, 2012 ~

7:45 - 8:30 am - UCC Lang Event Center - Registration, exhibits, breakfast

8:30 am - Patty Kimbrell M.Ed., Keynote Speaker *"I am Moving, I am Learning - Developing Healthy Bodies"* - When children are moving they are learning; they are developing healthy bodies and minds. Learn how to engage preschool-aged children in developmentally appropriate practices that involve active physical play and integrate school readiness skills. *"I Am Moving, I Am Learning"* is a nationally recognized childhood obesity prevention initiative.

### Workshop Schedule for Saturday, October 20:

Track	Session One 10:15-11:45	Session Two 12:45-2:15	Session Three 2:30-4:00
Human Growth & Development	Distracted and Disorganized Children: Help From PBIS Explore strategies and tools that can make a difference in working with Children who have difficulty completing tasks and focusing on group activities. <b>Kristi Anderson</b> UCAN Headstart <b>UNDERSTANDING &amp; GUIDING BEHAVIOR</b>	Recognizing And Responding to Concussion – Part 1 Children bump their heads almost every day, How can childcare providers know which bumps might need medical care? What do you look for and how should you respond? <b>Pat Sublette</b> Douglas ESD <b>HEALTH, SAFETY &amp; NUTRITION</b>	Recognizing and Responding to Concussion – Part 2 <b>SET 2 STANDARDS - PENDING</b>
Learning Environments & Curriculum	Moving and Learning with School Readiness Skills– Part 1 You can engage pre-school age children in active physical play that integrates school readiness skills. <b>Patty Kimbrell</b> San Diego State University <b>HUMAN GROWTH &amp; DEVELOPMENT</b>	Moving and Learning with School Readiness Skills – Part 2 <b>HUMAN GROWTH &amp; DEVELOPMENT</b>	Brain Development Using Music and Art Explore music-based activities that highlight developmental milestones in young children. Specific connections to language acquisition will be emphasized. <b>Cindy Ferguson</b> Music Educator <b>HUMAN GROWTH &amp; DEVELOPMENT</b>
Diversity & Culture	Impact of Culture on Childcare – Part 1 Explore your understanding of cultural competence related to child care settings. Individual world view, cultural filters, knowledge and competence will be discussed using experiential activities. <b>Pauline Martel</b> Adapt <b>DIVERSITY</b>	Impact of Culture on Childcare – Part 2 <b>SET 2 STANDARDS - PENDING</b>	First and Second Language Development Join this evidence-based discussion from brain imaging studies on the effects of differences in language experience on brain organization for language. Implications on these findings for early education. <b>Eric Pakulak</b> University of Oregon <b>HUMAN GROWTH &amp; DEVELOPMENT</b>
Family / Community Systems	Motivational Interviewing – Part 1 Motivational interviewing is a process of strengthening personal motivation for change. Become familiar with this engaging, non-confrontational interviewing style of change-talk which is collaborative and evocative. <b>Meredith Krugel</b> RN, Public Health, Mental Health <b>SET 2 STANDARDS - PENDING</b>	Motivational Interviewing – Part 2 <b>FAMILIES &amp; COMMUNITY SYSTEMS</b>	Building Partnerships with Families Create welcoming environments for families, enabling them to become involved in a variety of ways to work together to support children's healthy development and learning. <b>Cathy Cole</b> Consultant-Early Care and Education <b>FAMILIES &amp; COMMUNITY SYSTEMS</b>
Professionalism	Kindergarten Readiness Gain effective ways to partner with parents to integrate the four building blocks of kindergarten readiness skills into your child care program. <b>Terri Hansen</b> Family Connections Lane and Douglas Counties <b>LEARNING ENVIRONMENTS &amp; CURRICULUM</b>	Effects of Chronic Stress on Brain Development Chronic stress is toxic to parts of the brain that are important for learning, especially in early development. Learn evidence-based strategies for caregivers to reduce stress levels for children. <b>Eric Pakulak</b> University of Oregon <b>HUMAN GROWTH &amp; DEVELOPMENT</b>	Oregon Registry Are you confused about Oregon Registry Online, Oregon Registry, the new TQRIS, credentials, steps, sets and more? Learn to navigate the system to meet your needs and learn how to develop a professional development plan. <b>Heather O'Leary</b> Oregon Registry <b>PERSONAL, PROFESSIONAL &amp; LEADERSHIP DEVELOPMENT</b>

11:45 am - 12:45 pm ~ Lunch & Door Prizes - Lang Event Center

4:00 pm ~ Conference Adjourns

For more information or to register, go to [www.regonline.com/ECcare2012](http://www.regonline.com/ECcare2012) or call 541-440-4601

## FEATURED SPEAKER BIO'S:

**Eric Pakulak, Ph.D.**, a Roseburg High School graduate, is a Research Associate and Outreach Coordinator with the University of Oregon Brain Development Lab. His main research interest concerns brain mechanisms important for language processing. He is primarily interested in how these language systems, and the development of these systems, are dependent on language experience and proficiency. As Outreach Coordinator, Eric gives classroom presentations about the brain and the research to audiences of all levels. Additionally, he is co-coordinator of the annual Psychology/Neuroscience camp which is part of the Summer Academy to Inspire Learning to encourage bright high school students to start thinking about college early. When not at work, Eric plays rugby for the Eugene Rugby Football Club and enjoys basketball, racquetball, hiking and mountain biking.

**Patty Kimbrell, M.Ed.**, from San Diego State University, has been working in education for over 28 years. She has been faculty at San Diego State University for the past twelve years where she instructs future teachers in elementary physical education. She began her own consulting business in 2004 and consults for such agencies as: The Office of Head Start, Navajo Nation (Head Start), New York State Department of Health (WIC), California State Department of Health Services (WIC), and California Department of Education. She presents around the country on early childhood physical activity and is on the national training team for "I Am Moving, I Am Learning", a childhood obesity prevention initiative from the Office of Head Start. Patty has authored several early childhood physical activity programs, including Smart Moves!, Quick Play and SPARK Early Childhood Physical Activity Program.

## \*\*SCHOLARSHIPS

### Betty Gray Scholarship

The Betty Gray Early Childhood Development Endowment Fund of the Oregon Community Foundation might be able to help YOU! To qualify for this scholarship, you must meet **all** the following criteria:

- Be at Step 3 or higher on the Oregon Registry
- Work at least 20 hours or more directly with children
- Have a Professional Development Plan

**A limited number of scholarships are available for our conference on a first come, first served basis.** For information and to see if you qualify, call: The Oregon Center for Career Development in Childhood Care and Education; 503-725-8535 or toll free 1-877-725-8535 Email: [occdscholarship@pdx.edu](mailto:occdscholarship@pdx.edu) Or on the web at: [www.centerline.pdx.edu](http://www.centerline.pdx.edu) Click on the Scholarship link from the menu on the main page.

**The scholarship amount is \$30 towards the early bird or regular registration cost. You are responsible to pay the remaining balance of your fees. Submit your approval letter at registration. If you do not qualify or if scholarship dollars are no longer available, you need to contact Robin or Kathy at 541-440-4601 to make other payment arrangements before the event.** Sign up for the "Betty Gray Scholarship" option when you register.

### Ford Family Scholarships

The Ford Family Foundation has generously provided funds for attendees meeting **any** of the following criteria:

- First time attendee to the conference
- Person working in early childhood field on Step 2 or lower on the Oregon Registry
- Parent, Grandparent or other community member attending

To request this scholarship, sign up for the "Ford Family Scholarship" registration option. The scholarship amount is \$30 towards the early bird or regular registration cost. You are responsible to pay the remaining balance of your fees.

### High School or College Student Scholarships

The Associated Students of Umpqua Community College (ASUCC) are providing funds to support up to 10 student scholarships. The scholarships will cover the full registration cost to attend the event. To request this scholarship, sign up for the "High School/College Student Scholarship" registration option.

### Transportation Scholarships

The Ford Family Foundation is providing funds to assist attendees with the cost of transportation to attend the event. Those attending from more than 20 miles away from the UCC Campus are eligible to apply for a \$15 gas card. Priority for transportation scholarships will be given to those who live in Douglas County though others from outside the area may apply. Recipients will be notified prior to the conference and will receive the gas card at the conclusion of the event. See the application on the website for more information.



# REGISTRATION FORM

## 2012 Early Childhood Care & Education Conference

Need more info? Call (541) 440-4601 or visit [www.regonline.com/ECcare2012](http://www.regonline.com/ECcare2012)

### 3 WAYS TO REGISTER

- 1 Complete and mail in this registration form with payment
- 2 Register online at [www.regonline.com/ECcare2012](http://www.regonline.com/ECcare2012), (group registration option available)
- 3 Call us at 541-440-4601 and have your information and credit card ready

Name \_\_\_\_\_  
Last First Middle Initial

Organization/Business \_\_\_\_\_

Address \_\_\_\_\_  
Street City State Zip

Phone \_\_\_\_\_ Email \_\_\_\_\_ Birthdate \_\_\_\_\_  
For UCC record keeping only

**Please list your workshop selections below.**  
Register early for the best choice of workshops!

#### Session One

1st choice \_\_\_\_\_  
2nd choice \_\_\_\_\_

#### Session Two

1st choice \_\_\_\_\_  
2nd choice \_\_\_\_\_

#### Session Three

1st choice \_\_\_\_\_  
2nd choice \_\_\_\_\_

Dietary Restrictions: \_\_\_\_\_

Please mail your completed registration form and payment to:  
UCC Community Ed, PO Box 967, Roseburg, OR 97470

**Early bird registration** (thru Oct. 5) .....\$49

**Regular registration** (after Oct. 5) .....\$55

\*15% discount for 3 or more in group.

**Please check if you are applying for scholarships:**

- Betty Gray Scholarship - \$30 toward registration
- Ford Family Scholarship - \$30 toward registration
- High School or UCC Student - Full Scholarship: \_\_\_\_\_  
School Attending

**TOTAL ENCLOSED** .....\$ \_\_\_\_\_

Please make checks payable to UCC  
or pay with Visa or MasterCard  
P.O. or Check # \_\_\_\_\_

\_\_\_\_\_  
Visa or MasterCard Number (circle one) Exp. date

\_\_\_\_\_  
Signature 3-digit code (back of card)

**Refund Policy - Payment non-refundable, substitutions allowed.**

### Conference Location:

**Lang Event Center, UCC**

#### Directions:

**From I-5 North or South**, take exit 129 and follow the signs to UCC on College Rd. From College Road turn left at the first UCC access road and head up the hill. The Lang Event Center is on the right.

