## NURTURING THE WELLBEING OF CHILDREN, YOUTH, AND FAMILIES IN YAMHILL COUNTY



There is an "epidemic" of mental, emotional, behavioral and physical disorders among children, teens, and young adults in this country. Disorders such as ADHD, depression, autism, allergies, asthma, obesity, bipolar disorder, anxiety, drug addiction, learning disabilities, and suicide have all been increasing in recent years. Virtually every family has been touched by this growing epidemic in the last decade. According to Wall Street Journal, 40.4 million young people in America received at least one prescription for psychotropic medication last year.

The good news, however, is that all of these problems are highly preventable and Yamhill County is on the cutting edge of nationwide efforts to prevent them. Dr. Biglan and Dr. Embry will describe how much we have learned in the last forty years about the social conditions that make these problems more likely and the family, school, and community interventions that have proven benefit in preventing them.

## Monday, February 13, 2017 5:00 PM- 7:00 PM at Linfield College

Anthony Biglan, Ph.D. is a Senior Scientist at Oregon Research Institute and author of The Nurture Effect: How the Science of Human Behavior Can Improve Our Lives and Our World. His research over the past thirty years has helped to identify effective family, school, and community interventions to prevent all of the most common and costly problems of childhood and adolescence.

Dennis Embry, Ph.D., is the CEO/President of PAXIS Institute in Tucson, Arizona and co-investigator at the Center on Prevention and Early Intervention at Johns Hopkins University. His work on the improvement of health and public safety and the prevention of substance use, violence and mental illness among children has been featured in national media such as the Today Show, Good Morning America, Life, People, NY Times. LA Times, and others.

Space is limited and registration required. To register for the free event, visit Yamhill\_youth.eventbrite.com or email kinneys@co.yamhill.or.us.



Dr. Tony Biglan



Dr. Dennis Embry

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