

Join Us for:

Applying Trauma Informed Care Principles in Home Visiting Practice in Early Childhood



AUGUST 12, 2016

This training is **FREE!** But you **MUST** register.

[CLICK HERE TO REGISTER](#)

Presented by: Oregon Health Authority, MIECHV grant

In partnership with: Four Rivers Early Learning Hub & Child Care Partners, CCR&R

Presenter/Trainer: Stephanie Sundborg

Trauma Informed Oregon, Portland State University, School of Social Work

Biography: Stephanie Sundborg is part of the Trauma Informed Care training and consultation team at the Regional Research Institute at Portland State University. She has extensive research and work experience focused on early childhood and adverse conditions. Stephanie was part of the formation of the Early Learning HUB of Central Oregon, and also worked for public health as the evaluator of Project LAUNCH, an early childhood wellness initiative in Deschutes County. With an MS in cognitive neuroscience, Stephanie is particularly interested in the neurobiology of trauma and toxic stress and the developmental implications related to attention, memory, and emotional regulation.

Tentative Schedule for Friday, August 12, 2016

8:30-9:00 AM-	Registration
	<i>Coffee & morning snack provided</i>
9:00	Part 1 Training
10:30 -10:45	Break
10:45	Training
12:00 PM	<i>Lunch (provided)</i>
1:00 PM	Part 2 Training
2:30 – 2:45	Break & snack
2:45	Training
4:00 PM	Certificates

Applying Trauma Informed Care Principles in Home Visiting Practice in Early Childhood Part 1 (Oregon Registry Set One Training)

To understand the benefits of a trauma informed system it is necessary to understand how trauma impacts individuals and families. Participants will learn about trauma informed care, the impact of trauma and how trauma affects consumers' access to services. Participants will begin to identify how service systems, often unknowingly, re-traumatize survivors of complex trauma. Participants will also learn the difference between trauma specific services and trauma informed care. Home visiting scenarios will be used to practice reframing behaviors from a trauma informed lens.

Applying Trauma Informed Care Principles in Home Visiting Practice in Early Childhood Part 2 (Oregon Registry Set Two Training)

This workshop will build on the content in Part 1. We will begin by reviewing skills to engage populations who have experienced trauma. Participants will identify ways to modify programs, policies, and practice to be more trauma informed, developing strategies to use during the home visit. They will also learn about work related stress and explore strategies to reduce burnout. This workshop will emphasize skill development and participants will practice applying the content in small groups through role-playing and case scenarios.