

THINK DIFFERENTLY: A New Approach for Parenting, Teaching & Treating Children with Behavioral Challenges

Think:Kids
RETHINKING CHALLENGING KIDS

Miller Woods
15580 NW Orchard View Rd.
McMinnville
Saturday, June 13th, 2015



OVERVIEW & CONTENT

Newberg School District and Yamhill Early Learning Hub are pleased to offer an Introductory CPS Training featuring Doris Bowman, a Think:Kids Certified CPS Trainer. Think:Kids promotes an innovative and evidence-based approach to understanding and helping children and adolescents with behavioral challenges called *Collaborative Problem Solving (CPS)*. This one-day introductory training provides a foundation for professionals and parents interested in learning the evidence-based approach, and serves as a prerequisite for the complete/intensive training seminars (Tier 1 & Tier 2).

The CPS approach provides a new way of understanding and helping kids who struggle with behavioral challenges. Challenging behavior has traditionally been thought of as willful and goal oriented which has led to approaches that focus on motivating better behavior using reward and punishment programs. If you've tried these strategies and they haven't worked, this workshop is for you!

- Provides an introduction to the philosophy of Collaborative Problem Solving.
- Provides exposure to the assessment, planning and intervention components of the model.
- Strategies for when a child refuses or has difficulty expressing his/ her concerns.
- Strategies for when a child has difficulty with cognitive flexibility.
- Strategies for when a child has difficulty with emotional- or self-regulation.
- Strategies for proactively working with children to build skills for areas that cause chronic challenges.

Through lecture, videos, case examples and role plays this one-day training will help you shift your thinking and approach to foster positive relationships with these children and encourage growth in areas of self-regulation, communication and problem solving.

Workshop PRESENTER



Doris Bowman, M.S.Ed. is a certified special educator, a Think:Kids Certified CPS Trainer, and a Parent Coaching Institute Certified Parent Coach®. She has also recently co-authored the first in a series of children's books, *Going to Bed is Easy Now*, designed to support young children with challenging behavior. She has a broad background in special education with over 17 years' experience working with and supporting children with challenging behaviors and their families.

Workshop SCHEDULE

Saturday, June 13, 2015: 8:30AM registration and breakfast, 9AM - 3PM Training

Workshop REGISTRATION

Fee: No cost to participants. Sponsored by Yamhill Early Learning Hub & Newberg School District
(Typical introductory training cost is \$150 per participant.)

Deadline: No walk-ins – Please register early!

To register, contact: CCR&R 503-585-2491 or 1-800-289-5533

Cancellations: Substitutions are permitted.

FREE