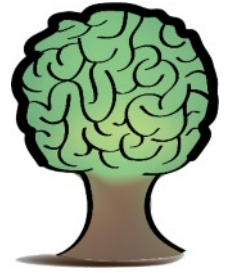




CARE Connections

CARE Connections Retreat by the Lake XX
Grit, Growth, and Resiliency:
20 Years of Building Community Through
Early Education



Friday, June 22nd (Housing & Empire Hall)

Housing (Please check in at Lighthouse Depot first!)

12:00PM-1:00PM - Registration, Housing, & Vendor Check In
12:00PM-2:30PM - Adult Summer Camp Activities

Empire Hall

2:30PM-4:30PM - "Get into the Grit & Grow!" with Taya Noland
4:30PM-6:00PM - Community Café & Dinner (Cafeteria)
6:00PM-8:00PM - Dr. Shauna Tominey, Keynote Address (PAC)
8:00PM-9:00PM - Networking After Hours (Cafeteria)

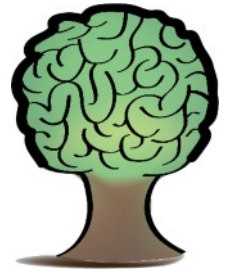
Saturday, June 23rd (Empire Hall, Stensland Hall)

7:30AM - Registration Opens (Lobby)/Breakfast & Door Prizes (Cafeteria)
8:00AM-10:00AM - Session #1
10:00AM-10:15AM - AM Snack Break (Cafeteria)
10:15AM-12:15PM - Session #2
12:15PM-1:15PM - Lunch & Door Prizes (Cafeteria)/Vendors (Lobby)
1:15PM-3:45PM - Session #3
3:45PM-4:00PM - PM Snack Break (Cafeteria)
4:00PM-5:30PM Session #4



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Friday, June 22nd

2:30-4:30	<p><u>Get into the Grit and Grow!</u> <i>Taya Noland</i> Set 1, PPLD In this workshop, we will take some time to explore how you can nurture your own grit and resilience in your personal and professional life, develop self-care practices based on your leadership style and personality type, and learn the basics of growth mindset and how to apply it to your work and to your life!</p>
4:30-5:30 (5:30-6:00 Dinner)	<p><u>Community Cafe</u> <i>Kathy Barber & Charity Grover</i> Set 1, FCS Come together with other Early Educators to engage in a community discussion about connecting with families and community organizations to increase the quality, access, and availability of child care resources. Participants will participate in self-reflection activities and create a professional development plan before enjoying a meal together.</p>
6:00-8:00	<p><u>Grit, Growth, and Resiliency: Helping Our Children Thrive</u> <i>Shauna Tominey, Ph.D.</i> Set 1, HGD Grit, growth, and resiliency have become buzzwords for talking about what children need, but what do they really mean and how can we promote these skills? In this hands-on keynote, learn about the risks children and families face as well as the qualities and skills that help them thrive.</p>
8:00-9:00	<p><u>Networking Event</u> Join us after hours for desserts, music, and dancing! This is a wonderful time to meet other Early Educators and share resources, make connections, and possibly win a door prize !</p>

Set 1: Introductory level training

Set 2: Intermediate level training

- DIV- Diversity
- HGD- Human, Growth, and Development
- UGB- Understanding & Guiding Behavior
- LEC- Learning Environments & Curriculum
- HSN- Health, Safety, & Nutrition
- FCS- Family & Community Systems
- OA- Observation & Assessment
- SN- Special Needs
- PM- Program Management
- PPLD- Personal, Professional & Leadership Development

Please note that in order to gain the hours for the sessions you are attending, you must be signed in and present the majority of the training.

Saturday, June 23rd

<p>8:00-10:00</p> <p>Session A1</p>	<p><u>Science Throughout Your Day Pt. 1</u></p> <p><i>Annie Douglass, Alison Lowrie, Ashley Lorentzen, Meng Vu</i></p> <p>Set 1, LEC</p> <p>Nervous about science? Let OMSI help! In Science Throughout Your Day, participants will assess their own attitudes towards science, and gain resources to identify what it really looks and sounds like when young children are being scientists. We will practice using some of these resources in fun hands-on activities rich in scientific thinking. The workshop will conclude with personal reflection.</p> <p style="background-color: #ADD8E6;">*This is a 4 hour training. Participants who sign up for this training must also sign up for Session A2 to receive credit</p>
<p>Session B</p>	<p><u>Observing Children: Looking and Learning</u></p> <p><i>Lauren Peterson, Candi Scott, , Gary Glasenapp</i></p> <p>Set 2, OA</p> <p>What can we learn from observing the children in our programs? We will examine the whats, whys, and hows of observations, as well as the types and purposes of them. We will then practice observation techniques and tools. Providers will leave this training excited to apply what they've learned about conducting observations in their programs.</p>
<p>Session C</p>	<p><u>Understanding ACEs</u></p> <p><i>Danaye Gonzalez & Kate Frame</i></p> <p>Set 1, HGD</p> <p>The ACE Study and other research using the study's framework have shown that ACEs are the leading cause of health and social problems. Join us as we discuss ACEs, how gaining a better understanding of why ACEs have so much effect in people's lives will help in the development of the young children you work with, and what we can all do to dramatically improve health and resilience for this and future generations.</p>
<p>Session D</p>	<p>Building Your Business</p> <p>Anneliese Sheahan</p> <p>Set 1, PM</p> <p>This introductory workshop introduces the benefits of the Building Your Business curriculum to enhance your family child care program's administration and business practices. This curriculum is designed specifically for Registered Family and Certified Family child care programs.</p>

<p>10:15-12:15</p> <p>Session A2</p>	<p><u>Science Throughout Your Day Pt. 2</u> <u>(Must take session A1 for credit)</u></p> <p><i>Annie Douglass</i></p> <p>Set 1, LEC</p> <p>Nervous about science? Let OMSI help! In Science Throughout Your Day, participants will assess their own attitudes towards science, and gain resources to identify what it really looks and sounds like when young children are being scientists. We will practice using some of these resources in fun hands-on activities rich in scientific thinking. The workshop will conclude with personal reflection.</p>
<p>Session E</p>	<p><u>Observing Children: Program Practices</u></p> <p><i>Lauren Peterson, Candi Scott, Gary Glasenapp</i></p> <p>Set 2, OA</p> <p>What are the program practices which will encourage focused observations of the children in your program? And how can you link your observations to developmental support for your children? Explore strategies to use when observing your children and examine how to connect your observations to the activities you provide in your program.</p>
<p>Session F</p>	<p><u>Introduction to Curriculum Planning: Intentional Teaching with Integrity</u></p> <p><i>Dr. Maidie Rosengarden</i></p> <p>Set 1, LEC</p> <p>Curriculum planning and implementation is the key to creating a successful learning environment for children. In this training we will answer these questions, “What is curriculum, and where does it come from?” and “What do we mean by Intentional Teaching?” Participants should have a solid understanding of developmentally appropriate practice and pre-school child development for this training.</p>
<p>Session G1</p>	<p><u>Infant Mental Health: Family and Community Systems, Pt. 1</u></p> <p><i>Anneliese Sheahan</i></p> <p>Set 2, FCS</p> <p>Lifelong mental health and well-being begins at birth. Child Care programs can use the Family and Community Systems Approach to support mental health and well-being in families with very young children. This approach can help improve child outcomes and reinforce strong families with positive attached, healthy relationships.</p> <div data-bbox="917 1402 1487 1535" style="background-color: #ADD8E6; padding: 5px;"> <p>*This is a 6 hour training. Participants who sign up for this session must also sign up for G2 & G3 for credit.</p> </div>

<p>1:15-3:45</p> <p>Session H</p>	<p><u>Kaleidoscope Play and Learn</u></p> <p><i>Kathy Barber</i></p> <p>Set 1, LEC</p> <p>Have you heard about Kaleidoscope Play and Learn? In this session we will be discussing how you can help the families you work with to bring learning through play into their daily activities. Learn how you can support children’s early learning and healthy development by creating and taking home your own activities .</p>
<p>Session I</p>	<p><u>Creating an Inclusive Early Learning and Development Program</u></p> <p><i>Candi Scott, Lauren Peterson, Gary Glasenapp</i></p> <p>Set 2, SN</p> <p>This session focuses on taking the necessary steps to create an inclusive early learning and development program (ELDP). Participants will examine how inclusive practices benefit all children, select steps to creating an inclusive ELDP, and select strategies to implement inclusive practices in their ELDPs.</p>
<p>Session J</p>	<p><u>Intermediate Curriculum Planning using Theme Based Planning Strategies</u></p> <p><i>Dr. Maidie Rosengarden</i></p> <p>Set 1, LEC</p> <p>Curriculum planning and implementation is the key to creating a successful learning environment for children. Participants who have a solid understanding of developmentally appropriate practice and pre-school child development, have used objectives to teach lessons from published or created curricula, implemented assessments, and have a basic knowledge of what curriculum is will explore creating theme based unit structures through intentional teaching methodologies.</p>
<p>Session G2</p>	<p><u>Infant Mental Health: Family and Community Systems, Pt. 2</u></p> <p>Anneliese Sheahan</p> <p>Set 2, FCS</p> <div data-bbox="889 1472 1487 1598" style="background-color: #ADD8E6; padding: 5px;"> <p>*This is a 6 hour training. Participants who sign up for this session must also sign up for G1 & G3 for credit.</p> </div> <p>Lifelong mental health and well-being begins at birth. Child Care programs can use the Family and Community Systems Approach to support mental health and well-being in families with very young children. This approach can help improve child outcomes and reinforce strong families with positive attached, healthy relationships.</p>

<p>4:00-5:30</p> <p>Session K</p>	<p><u>Toddler Toolbox</u></p> <p><i>Danaye Gonzalez</i></p> <p>Set 1, UGB</p> <p>Early Educators deal with challenging behaviors in young children frequently. This workshop will promote strategies and tools to help prevent challenging behaviors from occurring in the first place. Participants will engage in activities to encourage self-reflection, as well as resources that can be shared with families to promote consistency in the language and techniques used between the home and child care setting.</p>
<p>Session L</p>	<p><u>Spark 101: The Whats and Whys of Spark</u></p> <p><i>Lauren Peterson, Candi Scott, Gary Glasenapp</i></p> <p>Set 1, PM</p> <p>Are you still wondering about Oregon’s Quality Rating and Improvement System (now called Spark)? Do you want to learn more about what it is and how your program can benefit from participating? Come to this session and have your questions answered. Besides a brief overview, you will have the opportunity to view a completed portfolio and learn all the supports available to you as a participating Spark provider.</p>
<p>Session G3</p>	<p><u>Infant Mental Health: Family and Community Systems, Pt. 3</u></p> <p>Anneliese Sheahan</p> <p>Set 2, FCS</p> <div data-bbox="862 1024 1463 1150" style="background-color: #ADD8E6; padding: 5px;"> <p>*This is a 6 hour training. Participants who sign up for this session must also sign up for G1 & G2 for credit.</p> </div> <p>Lifelong mental health and well-being begins at birth. Child Care programs can use the Family and Community Systems Approach to support mental health and well-being in families with very young children. This approach can help improve child outcomes and reinforce strong families with positive attached, healthy relationships.</p>
<p>Session M</p>	<p><u>It’s Not About Winning: Building A Resilient Child Care Environment and Community</u></p> <p><i>Charity Grover</i></p> <p>Set 1, FCS</p> <p>Resilience is the ability to maintain positive feelings about yourself even when you fail. It helps a child be able to learn from failures and to try again. This workshop will give participants tips and activities to bolster resilience in our children and families.</p>

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