

7 WEEK RECHARGE!

RE-ENERGIZING YOUR PARENTING AND YOUR FAMILY RELATIONSHIPS

Join us and recharge your family's battery! This seven week parenting workshop series will be presented at **Madison Elementary School**. These informative and interactive workshops will include ideas on how to:

- ◆ Discover parenting with less stress
- ◆ Add tools to your parenting toolbox
- ◆ Build your child's social and emotional skills

Thursday evenings at Madison Elementary School

October 6, 2016 until November 17, 2016 from 5:30 to 8:00 pm

- ◆ **FREE** childcare included and **FREE** family dinner for all attending families. Please call to register your child as childcare will be limited.

Please call 541-888-1588 to register.



Sponsored by Southwestern Oregon Community College, Oregon Parenting Education Collaborative, South Coast Early Learning Hub, South Coast Family Harbor Relief Nursery and Pathways to Positive Parenting

Southwestern Oregon Community College is an equal opportunity educator and employer.