## **FEELING BUDDIES TRAINING**

The Feeling Buddies are a comprehensive and innovative tool for teaching selfregulation. The Toolkit is based on a unique strategy in which the adult teaches the child to self-regulate and the child teaches the Buddy to self-regulate, both learning the five-step process together. The Curriculum, Safe Place and daily classroom life work cooperatively to maximize learning and give the new skill set permanence.

## SATURDAY, SEPT. 9TH

9AM-4PM

WOODBURN ADMIN BLDG 1390 MERIDIAN DR. WOODBURN

ORO SET 1

SPANISH INTERPRETATION AVAILABLE





Complementary kits may be available depending on eligibility and funding! Contact Sarai for more info. E: <u>SVALVERDE@WOODBURNSD.ORG</u> P: 971-338-3627

## REGISTER ONLINE AT: bit.ly/FeelingBuddies

Meet our trainer ...



Annette Chastain is a Licensed Clinical Social Worker that provides mental health consultation, training, and coaching for Head Starts, Early Head Starts, Childcare Centers, Social Service Agencies, Native American Tribes, communities and schools. Annette has over 20 years experience in outpatient mental health, day treatment, classroom settings, parent training, in home skills training and as a culture competency trainer.