



LEARNING FROM WITHIN: CORE QUALITIES AND INSPIRATION FOR PROFESSIONAL DEVELOPMENT

March 21, 2015

SOUTHWESTERN COMMUNITY COLLEGE, COOS BAY

This workshop will be held on the Southwestern Oregon Community College Campus, Coos Bay, Family Center. To reserve your place - RSVP to ece@socc.edu or call 541 888 7336

Workshop is FREE; For ED 207/399 one credit at SOU, cost is \$55

The workshop will provide an initial foundation for participants to apply strength-based coaching through Core Reflection. Participants will also learn how to use their own personal qualities more optimally and to recognize and overcome internal obstacles to bring out the best in themselves and young children. Core Reflection is a holistic approach building on our 'core qualities' to overcome internal and external obstacles to use one's best capacities in practice. Core Reflection supports professionals to create flow, inspiration, and high quality in work and life.

Core Knowledge Categories:

Personal, Professional Leadership Development – 6 hours

Program Management – 2 hours

Dr. Younghee Kim is a professor and coordinator of the Early Childhood Development program at Southern Oregon University. Her current research includes core reflection, holistic teaching and learning, whole child and teacher development, the human potential, presence and compassion, and contemplative practices in teacher education.

FOR MORE INFORMATION CONTACT: Southwestern Community College

