## BEHAVIOR SUPPORT INSTITUTE



Now TWO DAYS!

August 20th & 21st, 2025

9:00am to 4pm

9140 SW Pioneer Ct Suite E, Wilsonville, OR 97070

Eleven hours of Oregon Registry Credit available

(valued at over \$350!)

Feeling overwhelmed by disruptive behaviors in your group? Wonder why youth react with aggressive behaviors or meltdowns? Join us at the Behavior Support Institute for a dynamic, hands-on learning experience designed for professionals in afterschool and summer programs. This event is relevant for **staff of all levels** working directly or indirectly with youth aged PreK-6th grade.

## Day 1: Behavior 101 & Foundational Practices with topics including:

- Understanding the arousal continuum, escalation cycle, and de-escalation strategies
- Building strong relationships as a foundation for behavior support
- Oregon data and statistics around mental health
- Creating a Culture of Care

## Day 2: Team-Based Strategies & Supportive Systems with topics including:

- Adult Regulation and Self Care
- Prioritizing mental wellness for educators
- Regulating Routines, Rituals, and Program Ecology
- Designing program structures that support both staff and youth
- Reinforcing team roles and collaboration
- Exploring how YOU fit into a successful team that supports youth development and educator wellness

Don't miss this opportunity to gain practical strategies, connect with peers, and enhance your skills.



Learn more and save your spot today! <a href="mailto:tinyurl.com/BehaviorSupport25">tinyurl.com/BehaviorSupport25</a>

