

# ADHD Educational Classes

Presented by Dr. Joy Mauldin, Psy. D

## Class Options:

- **Preschool Age** – ADHD coping skills, parenting techniques, questions and answers.
- **Elementary Age** – What to look for in your child to see if he/she has ADHD, concerns of children already diagnosed, side effects, medication “vacations”, parenting and coping.
- **Middle School** – How to deal with hormone changes, aggression or mood base concerns, increased dosage, school transitions, parenting and coping.
- **High School** – How to deal with hormone changes, aggression or mood base concerns, increased dosage, school transitions, parenting and coping.
- **Panel of Professionals** – Psychiatric Nurse Practitioner, Pediatrician and Psychologist panel discuss physical and mental implications of ADHD. Medication options.  
\*Note: This class is for all age ranges.

## Who should attend:

- Parents, caregivers, and professionals who work with children with Attention Deficit Hyperactivity Disorder (ADHD) in schools and the community.
- Child care is not provided.
- Oregon Registry SET ONE certificates under the CKC – Special Needs, will be available for child care providers – pending.



**Dates and Time:** Tuesdays, 6:00 pm- 8:00 pm

- Jan. 20, 2015: Preschool Age
- Jan. 27, 2015: Elementary Age
- Feb. 3, 2015: Middle School Age
- Feb. 10, 2015: High School Age
- Feb. 17, 2015: Panel of Professionals\*

**Location:** Community Health Education Center on the Salem Hospital Campus, Building D, 939 Oak Street

**Cost:** \$5 for each class. All participants are encouraged to attend the Panel of Professionals.

Note: If the child is currently a patient at Childhood Health Associates of Salem (CHAOS) there is no charge.

*the heart of healing*

To register: Call 503-814-2432 (CHEC)  
or online at [salemhealth.org/chec](http://salemhealth.org/chec)



**Community Health  
Education Center**

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