## **ADHD Educational Classes**

Presented by Dr. Joy Mauldin, Psy. D

## **Class Options:**

- Preschool & Elementary Age ADHD coping skills, parenting techniques, questions and answers. What to look for in your child to see if he/she has ADHD, concerns of children already diagnosed, side effects, medication "vacations", parenting and coping.
- Middle School How to deal with hormone changes, aggression or mood base concerns, increased dosage, school transitions, parenting and coping.
- High School How to deal with hormone changes, aggression or mood base concerns, increased dosage, school transitions, parenting and coping.
- Panel of Professionals Psychiatric Nurse Practitioner, Pediatrician and Psychologist panel discuss physical and mental implications of ADHD. Medication options.
   \*Note: This class is for all age ranges.

## Who should attend:

- Parents, caregivers, and professionals who work with children with Attention Deficit Hyperactivity Disorder (ADHD) in schools and the community.
- Child care is not provided.
- Oregon Registry SET ONE certificates under the CKC – Special Needs, will be available for child care providers – pending.



Dates and Time: Tuesdays, 6:00 pm-8:00 pm

- Oct. 13, 2015: Preschool -Elementary Age
- Oct. 20, 2015: Middle School Age
- Oct. 27, 2015: High School Age
- Nov. 3, 2015: Panel of Professionals\*

**Location:** Community Health Education Center on the Salem Hospital Campus, Building D, 939 Oak Street

Cost: \$5 for each class. All participants are encouraged to attend the Panel of Professionals.

Note: If the child is currently a patient at Childhood Health Associates of Salem (CHAOS) there is no charge.

the heart of healing

**To register:** Call 503-814-2432 (CHEC) or online at salemhealth.org/chec



A part of Salem Health