

ADHD educational classes

Presented by Dr. Mauldin, Psy. D

Learn more about Attention Deficit Hyperactivity Disorder (ADHD) by coming to one or all of these classes.

Oct. 4

Preschool & Elementary Age

This class covers ADHD coping skills, parenting techniques, questions and answers.

- what to look for in your child to see if he/she has ADHD
- concerns of children already diagnosed
- medication “vacations” and side effects
- parenting
- coping

Oct. 11

Middle and high school

This class covers:

- how to deal with hormone changes
- aggression or mood-based concerns
- increased dosage
- school transitions
- parenting
- coping

Oct. 18

Panel of professionals

All participants are encouraged to attend this panel that includes:

- psychiatric nurse practitioner
- pediatrician
- psychologist

The panel will discuss physical and mental implications of ADHD. This class is for all age ranges.

Tuesdays, 6 p.m. to 8 p.m.

Community Health Education Center
890 Oak St. SE., Building D

Cost: \$5.

If the child is currently a patient at Childhood Health Associates of Salem (CHAOS), there is no charge.

For more information, please contact us at 503-814-CHEC(2432) or you can register online at salemhealth.org/chec.



Dr. Mauldin

Who should attend

- Parents
- Caregivers
- Professionals who work with children with ADHD in schools and the community

Additional information

- Child care is not provided
- Oregon Registry SET ONE certificates under the CKC - Special Needs will be available for child care providers (pending)



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