

# Early Childhood Care & Education Conference



## Young Minds in the Making

Fri. & Sat October 26 & 27 2018

Friday, Oct. 27 – 5:30 pm–8:00 pm. Featured Speaker

Saturday Oct. 28 – 7:45 am – 4:30 pm  
VP to 8 to 6 continuing education hours.

\$59 through 10/15/18

\$75 after 10/15/18

15% discount off groups registering 3 or more  
(excludes those using Betty Gray scholarship)

Featured Speaker:

Dr. Kendra Coates  
Regional Director of  
P-3 Education for  
Central Oregon and  
author of Growing  
Early Mindsets™



### Thank You to our Sponsors:

The South Central Early Learning Hub, Community UPLIFT, Take Root – Parent Connections & Early Intervention/Early Childhood Special Education – programs of the Douglas ESD  
Kindergarten Readiness Partnership & Innovation  
Umpqua Health Management, Roseburg Morning Rotary, Cow Creek Tribe  
FEATT, Community Cancer Center

Register: [www.regonline.com/ECcare2018](http://www.regonline.com/ECcare2018) • 541.440.4668

Lang Event Center – Umpqua Community College Campus – ROSEBURG, OREGON

# Sponsors and Information

## College Credit Option

Attendees have the option of earning one undergraduate college credit from Umpqua Community College for attending the event and successfully completing an assigned project/paper. In order to receive this credit:

- Students must sign up for the “credit option” when registering for the conference. An additional \$25 fee will be charged on your registration that is non-refundable.
- Students must attend the Friday evening session from 5:30-8:00 pm “Celebrate Our Own Unlimited Potential by Growing Early Mindsets™ (GEM™)” and Saturday morning session “Working the Clay While It’s Soft: Growing Early Mindsets™ (GEM™)”.
- Additionally, attend the following three breakout workshops on Saturday: 1) The Power of “Yet”, 2) “Keeping the Lid on”, and 3) Early Childhood Behavioral Health Influences. Students must also complete a homework assignment. A Pass/Fail grade will be issued.

## Betty Gray Early Childhood Development Endowment Fund

A limited number of scholarships (5 total @ \$50) are available towards event registration (not credit option fees) are available on a first come, first serve basis. All remaining fees are the responsibility of the attendee. According to the Oregon Statewide Scholarship Program the basic criteria includes: 1) Be on steps 3-8.5 on the Oregon Registry, 2) Work at least 20 hours or more directly with children and 3) Have a Professional Development Plan. Please call or visit: [pdx.edu/occd](http://pdx.edu/occd) or 503-725-8535 (toll free 1-877-8535) for info and instructions. **No online registration option is available for those using the Betty Gray Scholarship.** Mail or bring in your Registration Form, **Oregon Statewide Scholarship Program letter** and remaining fee to: UCC Community & Workforce Training, PO Box 967, Roseburg, OR 97470.

## Featured Speaker Session Descriptions:

### Dr. Kendra Coates

Dr. Kendra Coates is a learner, mom, PreK-12 educator, author, adjunct instructor, and consultant. She is the author of Growing Early Mindsets™ (GEM™). GEM integrates growth mindset, social and emotional learning (SEL), and mindfulness principles and practices for PreK-3rd learning environments. Her own children inspired her to write GEM™ as well as all of her former students. Kendra has twenty years of PreK-12 teaching and leadership experience and currently serves as Regional Director of P-3 Education for Central Oregon. She holds a B.A in political science, a M.A.T in Special Education, a M.S. in Curriculum and Instruction, and a D.Ed. in Educational Methodology, Policy, and Leadership.

**Friday, October 26: “Celebrate Our Own Unlimited Potential by Growing Early Mindsets™ (GEM™)”** Author Dr. Kendra Coates introduces the theory of growth mindset, the foundation of Growing Early Mindsets™ (GEM™), a new literacy-based teaching and learning framework from Mindset Works, the global leader in growth mindset. GEM integrates growth mindset, social and emotional learning (SEL), and mindfulness principles and practices for PreK-3rd learning environments.

**Saturday, October 27: “Working the Clay While its Soft: Growing Early Mindsets™ (GEM™)”** Empower Young Learners! Supporting children’s curiosity and passion at an early age provides opportunities for their mindset to thrive in a positive and meaningful manner. Explore a few practical ways to promote, teach, and foster a growth mindset and social and emotional learning

### Contributing Organizations:

\* Take Root      \* Care Connections      \* Douglas ESD  
\* South Central Oregon Early Learning Hub \* UCAN Head Start/EHS \* OAEYC \* The Ford Family Foundation  
\*UCC Education Program, Ford Enrichment Center, & Community & Workforce Training

# Early Childhood Care Conference Program

Friday Evening, October 26, Lang Event Center, UCC Campus

5:30–8:00 pm

“Celebrate Our Own Unlimited Potential by Growing Early Mindsets” (GEM)”, Dr. Kendra Coates, CKC: Human Growth & Dev.

Saturday, October 27 – Lang Event Center & Technology Building, UCC Campus

7:45 am– 8:20 am – Registration Exhibits Continental Breakfast, Lang Event Center

8:20– 8:30 am – Welcome

8:30 –10:00 am – Morning Presentation “Working the Clay While its Soft: Growing Early Mindsets” (GEM)”, Dr. Kendra Coates, CKC: Human Growth & Dev.

10:15–11:45 am – Breakout Session I

11:45 –1:15 pm – Lunch, Door Prizes and Exhibits

1:15–2:45 pm – Breakout Session II

3:00–4:30 pm – Breakout Session III

## Workshop Schedule for Saturday, October 26

(See the next page for Workshop Descriptions)

Session One 10:15-11:45 am	Session Two 1:15-2:45 pm	Session Three 3:00-4:30 pm
<p><b>The Power of “Yet”:</b> Using everyday experiences to instill a growth mindset  <b>Dana Bleakney-Huebsch</b>, Early Learning Project Coordinator, The Research Institute at WOU                      CKC: Human Growth &amp; Dev.</p>	<p><b>Keeping the Lid On:</b> Using mindfulness to teach children about their brains  <b>Dana Bleakney-Huebsch</b>, Early Learning Project Coordinator, The Research Institute at WOU                      CKC: Human Growth &amp; Dev.</p>	<p><b>Early Childhood Behavioral Health Influences</b>  <b>Alison Hinson</b>, Director of Behavioral Health for the Douglas ESD                      CKC: Understand &amp; Guide Behaviors</p>
<p>College Credit Track – You must attend all 3 plus Keynote Addresses above </p>		
<p><b>Blue Zones Project: Discovering your purpose for living a longer life!</b>  <b>Juliete Palenshus</b>, Engagement Lead, Blue Zones Project–Umpqua                      CKC: Personal, Prof. &amp; Leadership Dev.</p>	<p><b>Healthy Celebrations – Food</b>  <b>Kathy Bates</b>, Family &amp; Community Health Program Assistant for OSU Extension/Douglas County                      CKC: Health, Safety &amp; Nutrition</p>	<p><b>Healthy Celebrations – Activities</b>  <b>Kathy Bates</b>, Family &amp; Community Health Program Assistant for OSU Extension/Douglas County                      CKC: Health, Safety &amp; Nutrition</p>
<p><b>Session One 10:15-11:45 am</b>  <b>Abacus DIY Early Learning Math Kits – Birth to 5</b>  <b>Carol Wheeler</b>, Early Childhood Education Consultant/Trainer, College of the Siskiyou’s &amp; Shasta College                      CKC: Learning Environments &amp; Curr.</p>	<p><b>Session Two 1:15-2:45 pm</b>  <b>Special Needs Don’t Stop When The Bell Rings – Pt 1</b>  <b>SET 2</b>  <b>Melinda Benson</b>, Program Coordinator for the Inclusive Child Care Program of the Oregon Council on Developmental Disabilities                      CKC: Special Needs</p>	<p><b>Session Three 3:00-4:30 pm</b>  <b>Special Needs Don’t Stop When The Bell Rings – Pt 2</b>  <b>SET 2</b>  <b>Melinda Benson</b>, Program Coordinator for the Inclusive Child Care Program of the Oregon Council on Developmental Disabilities                      CKC: Special Needs</p>

## Workshop Descriptions:

### **The Power of "Yet": Using Everyday Experiences to Instill a Growth Mindset (College Credit Track)**

*Learn the Power of "Yet"!* Encourage and praise early learners. Learn about the power of hope and believing through utilizing books, daily routines and other opportunities to help embed experiences in children that support a growth mindset.

### **Keeping the Lid On: Using Mindfulness to Teach Children about their Brains (College Credit Track)**

*Do you over react or flip your lid?* Explore meaningful ways to communicate experiences and strategies that support us in responding instead of reacting. This is an opportunity to explore mindfulness and help children understand their brains.

### **Early Childhood Behavioral Health Influences (College Credit Track)**

What are the influences of behavior development from birth to early childhood? Learn about infant/toddler mental health, behavior and environmental influences. Join a discussion of how parents, educators and caregivers can understand, reduce and intervene in the development of challenging behaviors.

### **Blue Zones Project: Discovering Your Purpose for Living a Longer Life**

*Did you know that discovering your purpose is a lifelong process?* It is during challenging times and transitions that we experience the greatest opportunity to clarify the purpose of our lives. Join others in learning about the life spiral, triggering events, taking stock and taking charge.

### **Healthy Celebrations – Food**

*Nutritious alternatives!* Learn how to prepare and present healthy, tasty snacks that kids will love. Enjoy nutritious alternatives to using sugar. Have fun tasting the goodies!

### **Healthy Celebrations – Activities**

*Join us to learn about having a party without food!* Discuss options that will keep kids engaged and entertained without eating. Enjoy singing, dancing and crafts.

### **Abacus DIY Early Learning Math Kits – Birth to 5**

Engage in this hands-on session where you will learn about Abacus Do-It-Yourself (DIY) Math Kit and Activity Books. Explore the content of these early math resources and discuss how to 'find the math' in everyday experiences. Participants will also build their own DIY math starter-kit and receive a set of the Abacus Activity Books.

### **Special Needs Don't Stop When the Bell Rings (Set 2) – Part One & Part Two**

Learn how to read an Individual Education Plan (IEP)! This session will help you understand how to use the information from an IEP while adapting activities that will help support a child's development while in your care.

For event information, or to register, go to [www.regonline.com/ECcare2018](http://www.regonline.com/ECcare2018)

or call 541-440-4668

UCC is an equal opportunity Employer and Educator



# REGISTRATION FORM

## 2018 Early Childhood Care & Education Conference

Need more info? Call (541) 440-4668 or visit [www.regonline.com/ECcare2018](http://www.regonline.com/ECcare2018)

### 3 WAYS TO REGISTER

- 1 Complete and mail in this registration form with payment. (group registration option available)
- 2 Register online at [www.regonline.com/ECcare2018](http://www.regonline.com/ECcare2018).
- 3 Call us at 541-440-4668 and have your information and credit card ready.

Name \_\_\_\_\_  
Last First Middle Initial

Organization/Business \_\_\_\_\_

Address \_\_\_\_\_  
Street City State Zip

Phone \_\_\_\_\_ Email \_\_\_\_\_ Birthdate \_\_\_\_\_

For UCC record keeping only

Please list your workshop selections below.  
Register early for the best choice of workshops!

#### Session One: Saturday, 10:15 - 11:45 am

1st choice \_\_\_\_\_

#### Session One: Saturday, 1:15 - 2:45 pm

1st choice \_\_\_\_\_

#### Session One: Saturday, 3:00 - 4:30 pm

1st choice \_\_\_\_\_

#### Lunch: Make Your Own Sandwich Bar

Sandwich, side, cookie, & drink.

Check if you would like a vegetarian option

\*\*Those with dietary restrictions are welcome to bring their own lunch.

Please mail your completed registration form and payment to:  
UCC Community Ed, PO Box 967, Roseburg, OR 97470  
or fax to 541-440-7721

Refund Policy - Payment non-refundable, substitutions allowed.

Early bird registration (thru Oct. 15)... **\$59** or ... **\$84**  
(with College Credit option)

Regular registration (after Oct. 15)... **\$75** or ... **\$100**  
(with College Credit option)

#### \*15% discount for 3 or more in group.\*

(must be regular registration type - no credit)

Please check if you are applying  
for scholarships:

Betty Gray Scholarship - \$50 toward  
registration\*\*

\*\* Include Betty Gray scholarship approval letter with registration

#### TOTAL ENCLOSED

Please make checks payable to UCC ..... \$ \_\_\_\_\_

Or pay with Visa or MasterCard PO or Check # \_\_\_\_\_

\_\_\_\_\_  
Visa or MasterCard Number (circle one)

\_\_\_\_\_  
Exp. date

\_\_\_\_\_  
Signature

\_\_\_\_\_  
3-digit code  
(back of card)

### Conference Location: Lang Event Center, UCC

#### Directions:

From I-5 North or South, take exit 129 and follow the signs to UCC on College Rd. From College Road turn left at the first UCC access road and head up the hill. The Lang Event Center is on the right.

