

Early Childhood Care and Education Conference



“BUILDING RESILIENCY”

Education and networking for Early Childhood Educators,
Childcare Providers, Parents, Grandparents and Community Members

OCTOBER 23 & 24, 2015

Featured Speaker: Dr. Ann Corwin

brought to you by:



Umpqua Community College is an
equal opportunity employer

- Up to 8 continuing education hours for child care providers and early childhood educators
- Education and networking for Early Childhood Educators, Childcare Providers, Parent Educators, Elementary School Staff, Parents, Grandparents and Community Members
- Exhibitor/Vendor Tables & Door Prizes
- Optional College Credit Track available

Friday, October 23rd

5:30 - 8:00 PM

FREE ~ Public Invited

Reception with Speaker

Lang Event Center, UCC

Saturday, October 24th

7:45 AM - 4:00 PM

Speaker & Breakouts

Lang Event Center, UCC

\$59 through 10/9/15

\$65 after 10/9/15

15% discount for groups registering 3 or more not using scholarships.

The Betty Gray Early Childhood Development Endowment Fund is providing partial scholarship to qualified attendees. Please see details inside.

Fee includes: Friday evening speaker and all day Saturday.
Continental breakfast & lunch provided Saturday.

Contributing Organizations:

DCEPC, Family Connections of Lane & Douglas Counties, Douglas ESD, South-Central Oregon Early Learning Hub, The Ford Family Foundation, UCAN/Head Start, Healthy Families of Douglas County/Family Development Center, OAEYC, UCCFordEnrichmentCenter, EducationProgram, and Community & Workforce Training

For more information or to register, go to

www.regonline.com/ECcare2015 or call 541-440-4668



DR. ANN CORWIN

The Parenting Doctor
“Strengthening Emotional Literacy”



BOB LIEBERMAN, M.A.

CEO of Kairos
“Adverse Childhood Experiences;
Impact and Implications”

Event Sponsors:



Cow Creek Band of Umpqua Tribe of Indians

COLLEGE CREDIT OPTION

Attendees have the option of earning one undergraduate college credit from Umpqua Community College for attending the event and successfully completing an assigned project/paper. In order to receive this credit:

- Students must sign up for the “credit option” when registering for the conference
- An additional \$25 fee will be charged to your registration (non-refundable)
- Attend the Friday evening session: “Adverse Childhood Experiences – Impact and Implications”, Saturday morning session: “Strengthening Emotional Literacy” and Saturday afternoon Breakout session: **Either** “ACE’s for Aces” **or** “Positive Interactions in spite of our biases and temperaments”.
- Attend a required meeting on Friday evening after the speaker
- A Pass/Fail grade will be issued.

For more information, please visit www.regonline.com/ECcare2015 or contact Gwen Soderberg-Chase at 541-440-7848.

Betty Gray Early Childhood Development Endowment Fund - Oregon Statewide Scholarship Program

A limited number of scholarships (10 total @ \$30 each) are available towards registration fees for our conference on a first come, first serve basis. Basic criteria includes: 1) Be on Steps 3 - 8.5 on the Oregon Registry, 2) Work at least 20 hours or more directly with children, and 3) Have a Professional Development Plan. If you meet this criteria and have not already applied for their 2015-16 conference scholarship support, visit the Scholarship Program website, pdx.edu/occd, or call 503-725-8535 (toll free 1-877-725-8535).

If you wish to receive scholarship support for this conference, the Scholarship Program must receive your complete “2015-16 Application for Community Based Training Scholarship Support” prior to registering for the Conference. After the Scholarship Program receives your application, they will send you a letter or email within 3-5 business days. If your letter says you are eligible for conference scholarship support, send a copy of your letter to us with your registration. You are responsible for the remaining fees to attend. If you applied to the Scholarship Program at least 5 business days ago and have not heard back from them, please write occdscholarship@pdx.edu or call 503-725-8535 (toll free 1-877-725-8535).

No online registration option is available to those using the Betty Gray Scholarship. Mail or bring in your Registration Form, Oregon Statewide Scholarship Program letter and remaining fee to: UCC Community & Workforce Training, 2555 NE Diamond Lake Blvd, Roseburg, OR 97470.

High School or College Student Scholarships

We are providing a small number of full-time student scholarships for the event. The scholarships will cover the full registration cost to attend the event (no college credit). To request this scholarship, sign up for the “High School/College Student Scholarship” registration option.

FEATURED SPEAKER SESSION DESCRIPTION:

Friday Evening, October 23 - Bob Lieberman,

M.A., CEO of Kairos (formerly Southern Oregon Adolescent Study and Treatment Center SOASTC)

“Adverse Childhood Experiences; Impact and Implications” – Learn what the latest research says about short and long term impact of stress and adversity on young children. A national study found a correlation between childhood trauma and the increased risks of suffering from health, mental, and adverse societal issues. The implications of how we respond to extremely difficult situations for children and families will be discussed as well as an introduction to Collaborative Problem Solving, an attuned approach that can be taught to parents and educators.

Saturday Morning, October 24 - Dr. Ann Corwin,

“The Parenting Doctor” and Author of “Pocket Full of Feelings”

“Strengthening Emotional Literacy” – Emotional Literacy is the ability to recognize, understand and appropriately express our emotions. Just as verbal literacy is the basic building-block for reading and writing, emotional literacy is the basis for perceiving and communicating emotions. It is a key element to mental health, academic achievement, and overall well-being. Dr. Ann Corwin will share the basic biology of feelings as well as specific tools on how to deal with feelings. Gain awareness about the benefits and importance of emotional literacy to build resiliency using the Protective Factors Framework for families.

Early Childhood Care and Education Conference Program*

October 23rd & 24th, 2015

Friday, October 23, 2015 ~

5:30 - 8:30 pm - UCC Lang Event Center - Reception with Keynote Bob Lieberman. "Adverse Childhood Experiences; Impact and Implications" **Pick up CEU certificate for this presentation directly following the session.**

CKC: Human Growth and Development

Saturday, October 24, 2015 ~

7:45 am - 8:30 am - Registration, Exhibits, Continental Breakfast, Lang Event Center

8:30 - 11:45 am - Welcome & Morning Presentation, Lang Event Center

11:45 am - 12:45 pm - Lunch, Door Prizes and Exhibits - Lang Event Center

12:45 - 2:15 pm - Breakout Session I, Lang Event and Technology Center

2:30 - 4:00 pm - Breakout Session II, Lang Event and Technology Center

Workshop Schedule for Saturday, October 24th:

Morning 8:45-11:45 am	Session One 12:45-2:15 pm	Session Two 2:30-4:00 pm
<p>Strengthening Emotional Literacy Emotional Literacy is the ability to recognize, understand and appropriately express our emotions. Just as verbal literacy is the basic building-block for reading and writing, emotional literacy is the basis for perceiving and communicating emotions. It is a key element to mental health, academic achievement, and overall well-being. Dr. Ann Corwin will share the basic biology of feelings as well as specific tools on how to deal with feelings. Gain awareness about the benefits and importance of emotional literacy to build resiliency using the Protective Factors Framework for families. Dr. Ann Corwin, Ph.D., M.Ed., "The Parenting Doctor" Trainer and Educator CKC: HUMAN GROWTH & DEVELOPMENT (HGD)</p>	<p>Gardening and Brain Food Explore the benefits of healthy food for a developing brain and the many health benefits of adding more plant-based foods to the menu. Gain concrete skills to improve access to fresh produce, including a movement toward more home-based gardening. Sarah Wickersham, Health Services Program Manager, Head Start Juliette & Abe Long UC-VEG & OSU Master Gardeners CKC: HEALTH, SAFETY, & NUTRITION (HSN)</p>	<p>Food Hero Use a fun and interactive website to help the children and families you work with increase fruit and vegetable consumption. Foodhero.org includes newsletters, recipes and ideas for incorporating fruits and vegetables into meals and snacks. There is even a "kid approved" section where recipes have been kid tested for taste. Mandy Hatfield, Nutrition Educators Douglas Co/OSU Extension Service CKC: HEALTH, SAFETY, & NUTRITION (HSN)</p>
	<p>ACE's for ACEs: Activities, Connections, Emotional Regulation/Resiliency (ACEs) for Adverse Childhood Experiences (ACEs) – Part I Delve into the efforts happening in Douglas County that integrate ACEs science and Trauma Informed Services across sectors. Gain concrete tools and guidelines for engaging children and families impacted by ACEs using the "ACEs for ACEs" approach. Dr. Marcia Hall, Ph.D., B.S., RN Educator & Consultant CKC: HUMAN GROWTH & DEVELOPMENT (HGD)</p>	<p>ACE's for ACEs: Activities, Connections, Emotional Regulation/Resiliency (ACEs) for Adverse Childhood Experiences (ACEs) – Part II Dr. Marcia Hall, Ph.D., B.S., RN Educator & Consultant CKC: HUMAN GROWTH & DEVELOPMENT (HGD)</p>
	<p>Positive Interactions In Spite of our Biases and Temperaments – Part I As humans, we are all biased in one way or another. What we do with those biases can greatly affect adult child interactions. During this session, explore your personal biases and temperament traits to discover how they alter your ability to meet the diverse needs of children. SET 2 Crystal Persi Trainer & Consultant CKC: DIVERSITY (D)</p>	<p>Positive Interactions In Spite of our Biases and Temperaments – Part II SET 2 Crystal Persi Trainer & Consultant CKC: DIVERSITY (D)</p>
	<p>Music Matters for the Very Young Add to your tool box of activities by learning and practicing age appropriate songs, musical movement, game songs and beginning skills in note reading. You will also learn a variety of musical activities suitable for infants thru preschool age. Maribeth Soderberg, B.A. Music Educator CKC: LEARNING ENVIRONMENTS & CURRICULUM (LEC)</p>	<p>'My Child CAN Talk with His/Her Hands' What does it mean to be deaf? What is a cochlear implant? Join Heather Vreeland, a Sign Language instructor with 30+ years of experience, for answers to these questions and how to get started using sign language at your site. She will share what words to start teaching, what to teach at each stage of development, when to sign and when to talk, and the importance of family members and friends signing consistently. Heather Vreeland Sign Language Interpreter & Educator Umpqua Community College CKC: SPECIAL NEEDS (SN)</p>
	<p>An Introduction to Multicultural Principles Join colleagues in learning about 10 Multicultural Principles, especially the first: <i>Every individual is rooted in culture</i>. This interactive session will include time to define culture, reflect on our own cultural roots, and brainstorm ways to make cultural considerations part of our everyday work with children and families. Christy Cox, M.Ed. Early Childhood Development Program Officer The Ford Family Foundation CKC: DIVERSITY (D)</p>	<p>Helping Children to Build Life Assessts for a Healthy Successful Future! All children need developmental assets to thrive. Among these are 40 internal and external assets identified by the Search Foundation that correlate with success and the avoidance of high risk behaviors throughout life. Increase your awareness of key assets, opportunities to build them in our children and in our communities, and some skills and strategies for building them. Handouts & links provided. Ron Byrne, Director of Pheonix School Member of Build Our Kids Coalition CKC: HUMAN GROWTH DEVELOPMENT (HGD)</p>

For more information or to register, go to www.regonline.com/ECcare2015 or call 541-440-4668



REGISTRATION FORM

2015 Early Childhood Care & Education Conference

Need more info? Call (541) 440-4668 or visit www.regonline.com/ECcare2015

3 WAYS TO REGISTER

- 1 Complete and mail in this registration form with payment
- 2 Register online at www.regonline.com/ECcare2015, (group registration option available)
- 3 Call us at 541-440-4668 and have your information and credit card ready

Name _____
Last First Middle Initial

Organization/Business _____

Address _____
Street City State Zip

Phone _____ Email _____ Birthdate _____
For UCC record keeping only

Please list your workshop selections below.
Register early for the best choice of workshops!

Session One: Saturday, 12:45 - 2:15 pm

1st choice _____
2nd choice _____

Session Two: Saturday, 2:30 - 4:00 pm

1st choice _____
2nd choice _____

A box lunch will be provided and includes:

1/2 wrap, salad, cookie & drink.

Check if you would like a vegetarian wrap

**Those with dietary restrictions are welcome to bring their own lunch.

Please mail your completed registration form and payment to:
UCC Community Ed, PO Box 967, Roseburg, OR 97470
or fax to 541-440-7721

Refund Policy - Payment non-refundable, substitutions allowed.

Early bird registration (thru Oct. 9)... **\$59** or ... **\$84**
(with College Credit option)

Regular registration (after Oct. 9)... **\$65** or ... **\$90**
15% discount for 3 or more in group.
(with College Credit option)
(must be regular registration type - no credit)

Please check if you are applying for scholarships:

Betty Gray Scholarship - \$30 toward registration**

Full-time High School or
UCC Student - Scholarship: _____
School Attending

** Include Betty Gray scholarship approval letter with registration

TOTAL ENCLOSED \$ _____

Please make checks payable to UCC
or pay with Visa or MasterCard
P.O. or Check # _____

Debit or Credit
(circle one)

Visa or MasterCard Number (circle one) Exp. date

Signature 3-digit code (back of card)

Conference Location:

Lang Event Center, UCC

Directions:

From I-5 North or South, take exit 129 and follow the signs to UCC on College Rd. From College Road turn left at the first UCC access road and head up the hill. The Lang Event Center is on the right.

